

THRISSUR CALLING!!

KSSPCON

2025

THRISSUR

6TH ANNUAL CONFERENCE OF SOCIETY FOR STUDY OF PAIN- KERALA CHAPTER

2025 NOVEMBER 89

GOVT. MEDICAL COLLEGE, THRISSUR

9TH NOVEMBER:
CADAVERIC & VOLUNTEER
BASED WORKSHOPS

For details, Please login to
www.ksspcon2025.com
or Contact : +918848322010



KSSPCON2025

Dear Esteemed Colleagues,
Warm greetings from Thrissur!

We are delighted to invite you to KSSPCON 2025, the Annual State Conference of the Society for Study of Pain (SSP), Kerala Chapter. The event will take place at 'TMCAA Academic Complex', Government Medical College Campus, Mulamkunnathukavu, Thrissur on November 8th Saturday & 9th Sunday, 2025.

This academic celebration is jointly organized by SSP, Kerala Chapter and the Department of Anaesthesiology and Pain Medicine, Government Medical College, Thrissur in association with the Department of Anatomy, GMC Thrissur and the ISA Thrissur City Branch.

The conference will feature engaging scientific sessions, skill-based training, and updates on current practices in pain and perioperative care, tailored for Pain Physicians, Anesthesiologists and Postgraduate trainees. The Program is spread across two days.

Day 1: Conference and An Insight to Palliative Care

Day 2: USG and Fluoroscopic Pain Workshops

We look forward to your participation!



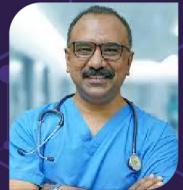
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8547904438



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Organising Secretary
7593999450



Dr Bijoy Chirayath
Scientific Chairperson
9349003456



Dr Unnikrishnan
President SSP, Kerala
9446568568



Dr Tisha Ann Babu
Secretary SSP, Kerala



Dr Firoz Khan N
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Dr Vineetha G Gopal
Scientific Coordinator

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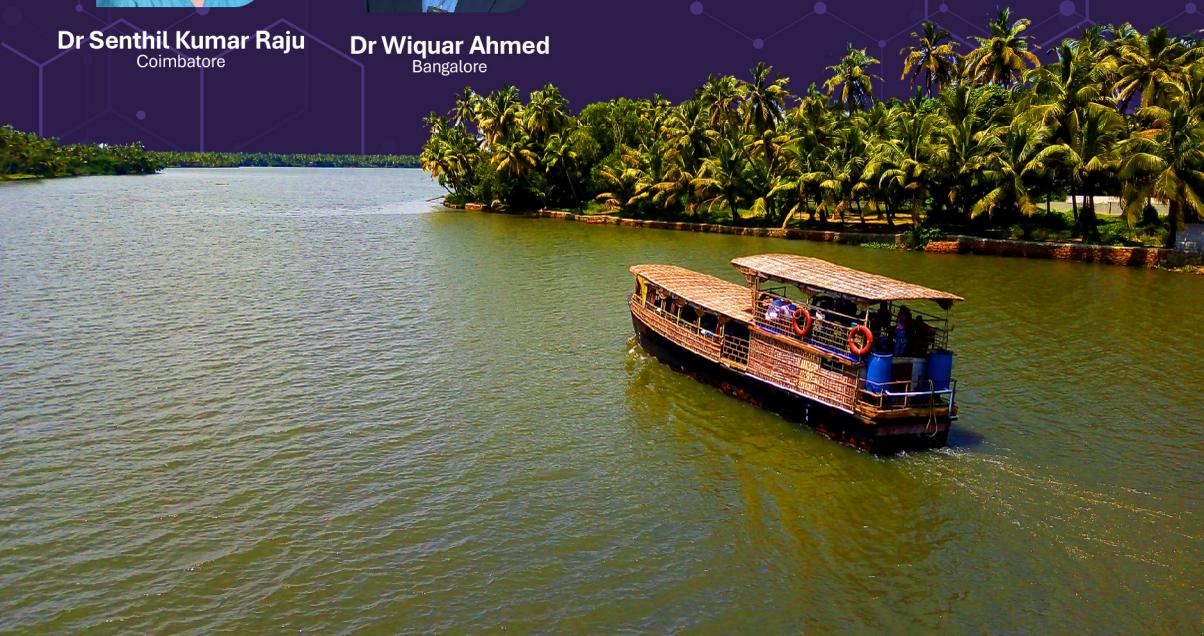
Dr Ravi Krishna Kalathur
Chennai



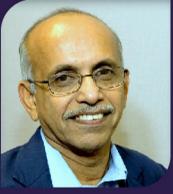
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Dr Wiquar Ahmed
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Dr E Divakaran



Dr Unnikrishnan



Dr Tisha Ann Babu



Dr Nishad PK



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Dr Sunil kumar MM



Dr Sudha P

ORGANISING COMMITTEE

PATRONS

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Dr AK Unnikrishnan	Former HOD & Senior Anesthesiologist, West Fort Hospital, Thrissur
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Dr Krishna Poddar	ISSP National President
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SCIENTIFIC COMMITTEE

Chairperson : Dr. Bijoy Chirayath

Coordinator : Dr Vineetha G Gopal

Scientific Committee Members

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Dr Unnikrishnan

Dr Rajesh MC
Dr Tisha Ann Babu

Dr Vijish Venugopal
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Dr Murali CJ

Dr Tisha Ann Babu

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Dr M A Nazar

Dr Arunima K

Dr Sunil R

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Dr Susha TS

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Dr EV Juby

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Dr Shalina Chandran

Dr Harindran N

Certificate Coordinators

Dr Ansar Sha

Dr Soumya

F&B Coordinators

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Dr Hema VR

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Dr Sajan K Sebastian

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Dr Revi TN
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Dr Shamshad Beegam
Dr Sudha M
Dr Sachin S
Dr Sudhakaran K
Dr Vijil Peter
Dr Sajan K Sebastian

EVENT SCHEDULE

CME DAY ■

Saturday, November 8, 2025

Immerse yourself in a dynamic line-up of lectures, engaging discussions, and evidence-based sessions exploring the latest advancements in pain management and a must know “insight to palliative care”

WORKSHOP DAY ■

Sunday, November 9, 2025

Dive into intensive, hands-on training led by esteemed national and regional faculty, designed to elevate your skills to the next level.

WORKSHOP DETAILS ■

1. USG Pain Workshop
 - :Based on the theme 'Anatomist meets Pain Physician'
 - :Hands on learning in volunteers
2. USG Regional Anaesthesia Workshop: Volunteer based hands on learning
3. Fluoroscopy Pain Workshop: Cadaveric workshop covering all spinal, head and neck interventions (basic to advanced)

Confirmation of seats to workshops are based on availability
first come first serve basis



SCIENTIFIC SCHEDULE

Sl No	Time	Topic	Speakers	Moderators
1	9-9.15am	Understanding Pain: The Fundamentals 1. Physiology and Pathophysiology of chronic pain	Dr Shalina Chandran	Dr Shamshad Beegum Dr Rajesh MC
2	9.20-10.20am	Low Back Ache: How I do it? (15mins each) 1. Clinical Approach 2. Investigations: When and What 3. Beyond the hype: What truly works in Pharmacotherapy 4. Interventions - Evidence Based Management	Dr Vineetha G Gopal Dr Aksar AM Dr Najwa P T Dr Firoz Khan N	Dr Dhruv Bibra Dr Anand Murugesan Dr Naveen Malhotra Dr Shantanu Mallick
3	10.25-11.25am	Targeted interventions for Joint Pathology 1. Cervical Facet Arthropathy : Role of Strategic Interventions 2. Shoulder RFA: Technique and Efficacy 3. Knee RFA: Does The “Cooling” Actually Benefit? 4. Applications of PENG block in Hip Pain (Acute and Chronic)	Dr Ashish Chakravarty Dr Anand Murugesan Dr Wiquar Ahmed Dr Senthil Kumar Raju	Dr Muralikrishnan Dr Ravi Kalathur
4	11.30- 12.00noon	The Challenging Foot: Unraveling the dilemmas in foot pain management 1. Approach to foot pain 2. PRP in Plantar Fascia: Preparation and Application	Dr Rajesh Simon Dr Dilesh K	Dr GK Kumar Dr Shajahan C
5	12.05-12.50pm	Relieving the Burden in Peripheral Vascular Disease: A Multimodal Approach 1. Lumbar Sympathetic Neurolysis/RFA 2. Peripheral Nerve Interventions – A game changer? 3. Beyond The Missing Limb: A Comprehensive Approach to Phantom Pain	Dr Naveen Malhotra Dr Bijoy Chirayath Dr Ravi Kalathur	Dr Ramkumar P Dr Tisha Ann Babu
6	12.50- 1.30pm	Lunch Break		
7	1.30-2.30pm	Interactive Video sessions 1. Stellate Ganglion Block (USG) (10mins) 2. Celiac Plexus Block - Fluoro (10 mins) - USG (10 mins) 3. Maxillary/Mandibular Nerve Block (USG) (10 mins) 4. Intradiscal Interventions (Fluoro) (10 mins) 5. Trigeminal Balloon compression (Fluoro) (10 mins)	Dr Tisha Ann Babu Dr Dhruv Bibra Dr Unnikrishnan Dr Madhan Pandian Dr Shantanu Mallick Dr Nishad P K	Dr Ashish Chakravarty Dr Senthil Kumar Raju Dr Muhammed Abdul Nazar

SL No	Time	Topic	Speakers	Moderators
8	2.35-3.05 pm	Recent Advances in Chronic Pain (15 mins each) 1. Regenerative medicine: Beyond PRP 2. Rehabilitation after Sports Injuries - What's new?	Dr GK Kumar Dr Shajahan C	Dr Unnikrishnan Dr Bijoy Chirayath
9	3.10pm-3.55pm	Acute Pain-Panel Discussion Theme: Prevention and Management of Persistent Post-Surgical Pain	Dr Sathee Devi P Dr Mary Thomas Dr Mariam Koshi Thomas Dr Murali Krishnan Dr Latha J	Dr Suvarna K
10	4.00-5.30 pm	Insight to palliative care in clinical practice 1. Disease vs Illness 2. Opioids for Pain 3. Needles for Cancer Pain Relevance	Dr Bindu M Dr Sunilkumar M M Dr Sudha P	Dr Baburaj C
11	7pm -8pm	Inauguration, Oration, Keynote address The heart of the Matter-A Special Message Oration "Beyond the Physical: Embracing the Holistic Approach to Total Pain" Keynote address "Transforming Pain Goals: The Future of Pain Medicine in India"	Dr M R Rajagopal Dr E Divakaran Dr Naveen Malhotra	Dr Unnikrishnan Dr Tisha Ann Babu
12	8pm onwards	Cultural Program and Dinner		



WORKSHOP HIGHLIGHTS

FLUOROSCOPY GUIDED PAIN PROCEDURES WORKSHOP ■

- Lumbar and Cervical Epidural blocks
- Lumbar and Cervical facet interventions
- Lumbar and Thoracic Sympathetic blocks
- Sacroiliac Joint and Ganglion Impar injections
- Trigeminal Ganglion RFA

USG PAIN PROCEDURES WORKSHOP ■

"Anatomist meets Pain Physician: Explore anatomy in real time on cadaveric specimens, and correlate with sonoanatomy through live scanning"

Areas covered

- Head and Neck
- Upper Limb- shoulder/elbow/wrist
- Lower Limb- hip/knee/ankle
- Lumbar Spine and
- Posterior Pelvis

REGIONAL ANAESTHESIA WORKSHOP ■

Topics covered

- Cervical plexus block & Interscalene block
- Supraclavicular block
- Infracavicular & Constoclavicular block
- Axillary block
- Femoral , Obturator , LFCN
- SIFI & PENG block
- Sciatic nerve block
- Lumbar plexus block
- Sacral plexus block
- TAP ,II,IH , GF block
- PEC 1 .PEC 2 ,SAP
- PIP , EOI plane block
- ESP , TPV QL

and many more

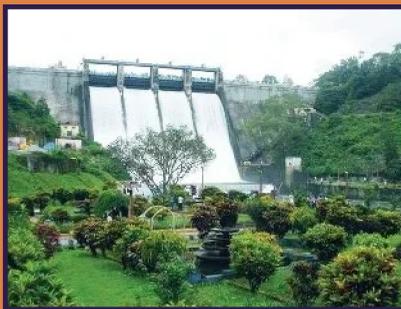
TOURIST ATTRACTIONS



Bible Tower at Our Lady of Dolours Basilica, Thrissur



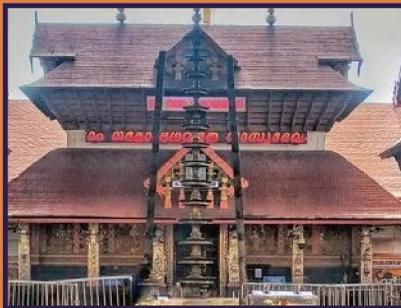
Athirappilly Water Falls, Thrissur



Peechi Dam, Thrissur



St. Thomas Syro-Malabar Church, Palayur



Guruvayurappan Temple, Guruvayur



Cheraman Juma Masjid , Kodungallur



Backwaters, Enamakkal



Marine World, Chavakkad

REGISTRATION

PROGRAM	Up to 12th Oct	Oct 13th to 31st	1st Nov to the Spot
Conference Only (ISA/ISSP Members & PGs)	3000	3500	5000
Conference Only – (Non Members)	3500	4000	6000
Conference + USG guided RA Workshop for (ISA/ISSP Members & PGs)	7500	8000	10000
Conference + USG guided RA Workshop for (non members)	8500	9000	10000
Conference +USG guided Pain Workshop for (ISA/ISSP Members & PGs)	8000	9000	10000
Conference + USG guided Pain Workshop for (non members)	10000	12000	13000
Conference + Flouroscopy Workshop-Cadaver based for (ISA/ISSP Members & PGs)	10000	12000	15000
Conference + Flouroscopy Workshop-Cadaver based for (non member)	15000	17500	20000

- For Workshops, conference registration is mandatory
- Workshop registration will be offered subject to availability
- PG students need to upload certificates from HOD during registration
- Refund Policy: Refund requests submitted before the event, with genuine reasons, will be processed after the event upon approval by Committee officials.

For registration, Please login to **www.ksspcon2025.com**
or contact for the registration support 8848322010

KSSPCON 2025
Dr Asish Karthik

Organising Secretary & Professor- Department of Anaesthesiology, Govt. Medical College, Thrissur

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